



SEIU Local 1021 and SF Dept. of Public Health
Presents in partnership with
SEIU California Nurse Alliance

FREE

CEU EDUCATIONAL PROGRAM

FREE

NURSES MODELING HEALTH

What's Your LifeSTYLE? Series #3

Health Promotion Individually, in Family, Community and Globally

Spring Forth with New Ideas

Date: March 26, 2010

Time: 8:30 AM – 5:00 PM

Place: SEIU Office, 350 Rhode Island St., San Francisco, CA

(Accessible by MUNI 15 minute walk from 16th Street BART or parking available \$6/day)
Healthy breakfast and lunch provided.

Featured Topics and Speakers:

Communication Skills for Nurses; How to say it, Difficult Conversations

Brett Penfil, MPH, MA

Vicarious Trauma: Fun Tools for Coping

Carmela Carlyle M.A. Clinical Psychology, RYT

How do we make healthcare safer? Where culture eats strategy

Niraj L. Sehgal, MD, MPH

Runway Walks for Nurses : Functional Fitness

The Nun and the Bureaucrat

How They Found an Unlikely Cure for America's Sick Hospitals

At the conclusion of the course, nurses and health care workers will be able to:

- Articulate the connection between communication and health
- Participate in group settings demonstrating tools learned with an emphasis on difficult conversations
- Use three skills for engaging in difficult conversations

Provider approved by California BRN for 7 contact hours, Provider # 03413.

Space may be limited. Advance registration required. Instructors may be added or amended.

E-mail registration to: eric.sisneros@seiu1021.org or fax to 415.431.6241 attn: CEU Work Group

Dress comfortably to move

